

## BASKETBALL PROGRAM RULES & REGULATIONS

Playing on a GVCS basketball team is a privilege. This privilege is earned through positive behavior and good academic standing. Here are some simple rules that will help players succeed as a member of the GVCS Basketball team. We ask that all players read and abide by them, and we ask parents to support them.

1. Listen to and follow the directions of your coaches at all times
2. Be supportive and respectful of your teammates
3. Try your hardest at all times (no goofing off)
4. Arrive at practice and games on-time ready to workout/play
5. Display appropriate sportsmanship during games
6. Maintain a 70% GPA in all your graded subjects and turn in your Main Lesson books on time
7. Must be present for the full day of school in order to attend practice. If a game is held during a school day, the student must be present at school that day in order to play.
8. Practice on your own time at least 90 minutes per week

Violation of any of these rules may result in one or more of the following actions:

1. Loss of playing time
2. Being sent home early from practice
3. Being barred from attending practice
4. Being excluded from the Game Roster for one or more games
5. Being suspended from the team

I have read the Basketball Program Rules & Regulations and agree to abide by them.

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_